

Alberta Guide to Bowel Surgery Recovery

DAY of SURGERY

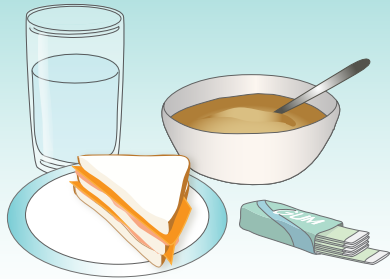
1 DAY AFTER SURGERY

2 DAYS AFTER SURGERY

3 DAYS AFTER SURGERY

Eating and Drinking

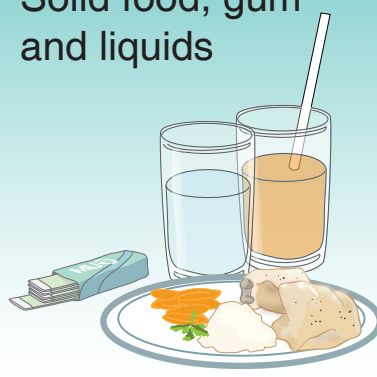
Gum, liquids, and solid food as tolerated



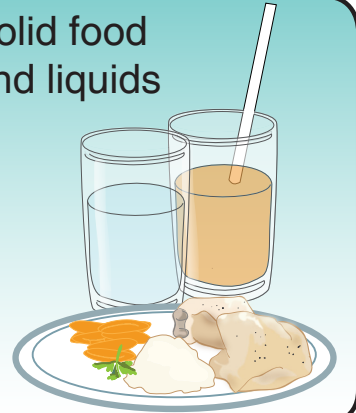
Solid food, gum and liquids



Solid food, gum and liquids



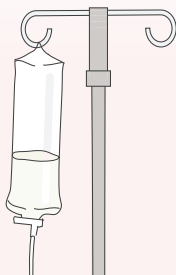
Solid food and liquids



Pain

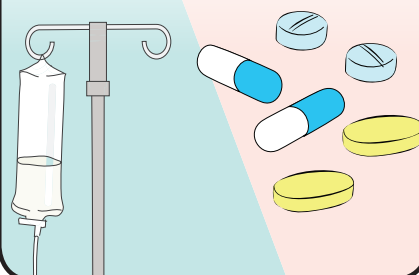
1 2 3 4 5 6 7 8 9 10

below 4



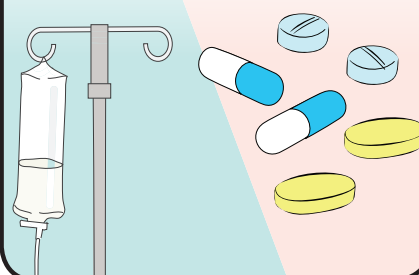
1 2 3 4 5 6 7 8 9 10

below 4



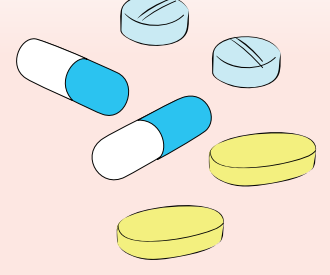
1 2 3 4 5 6 7 8 9 10

below 4



1 2 3 4 5 6 7 8 9 10

below 4



Breathing Exercises

10 times every hour



10 times every hour



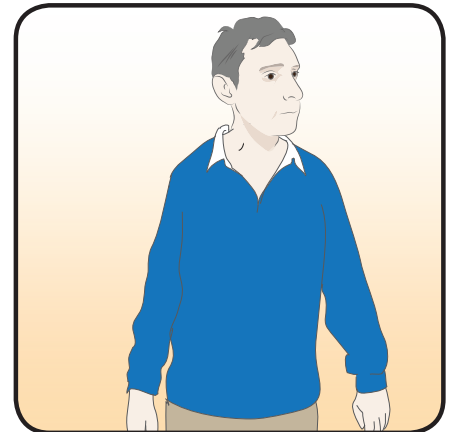
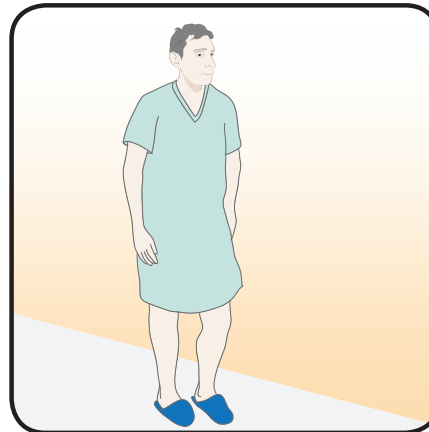
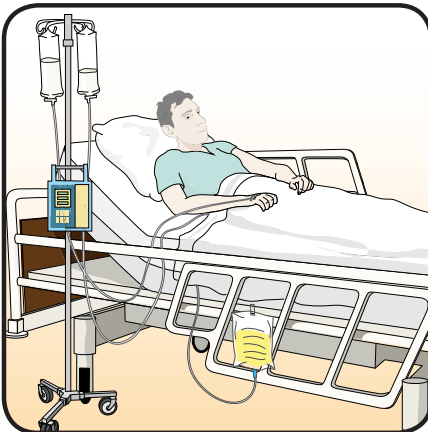
10 times every hour



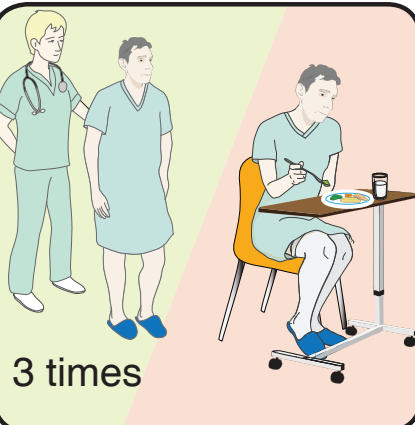
10 times every hour



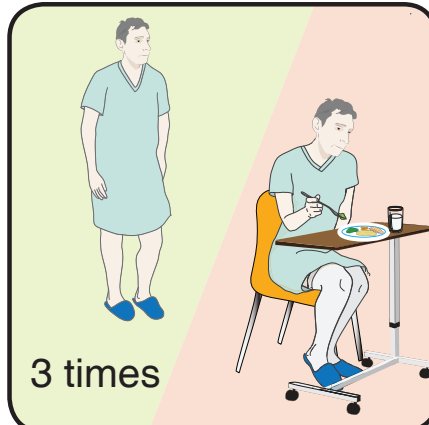
Tubes and Drains



Activities



3 times



3 times

