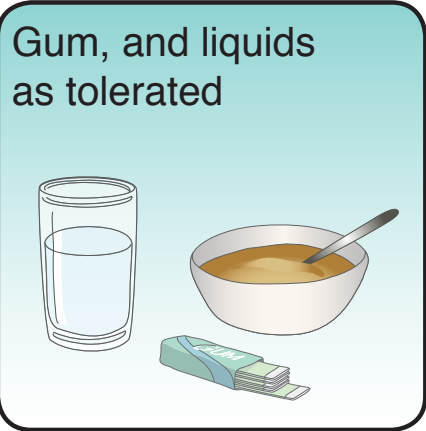



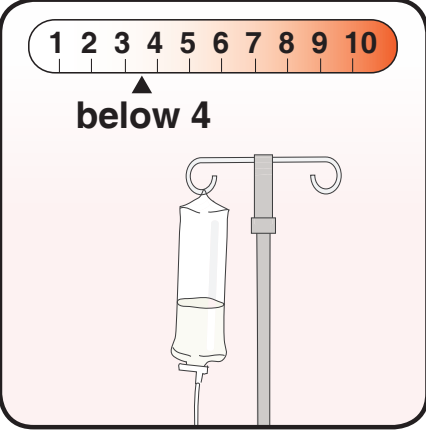
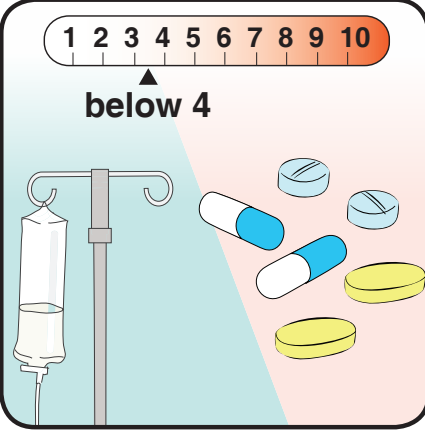
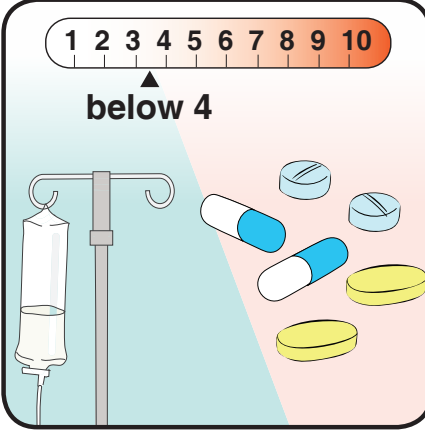
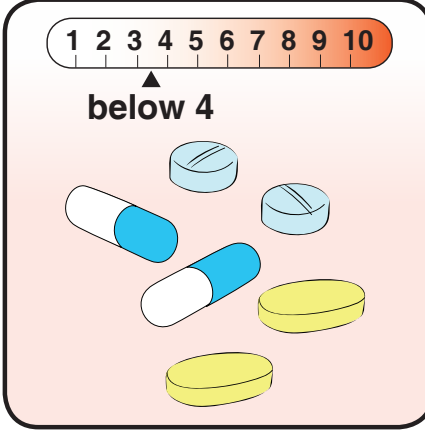




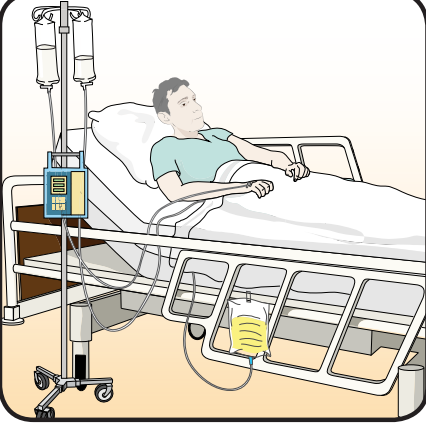

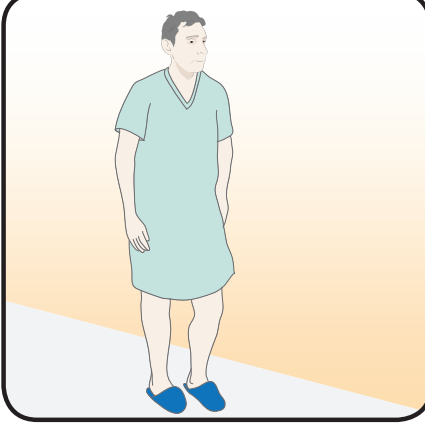
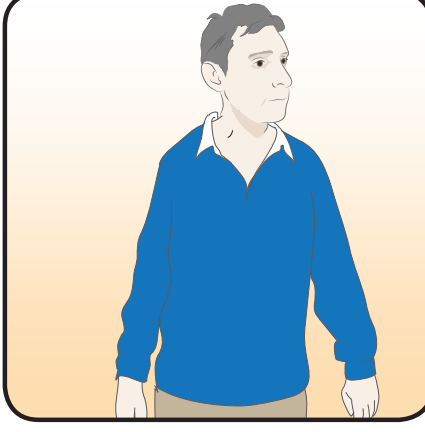

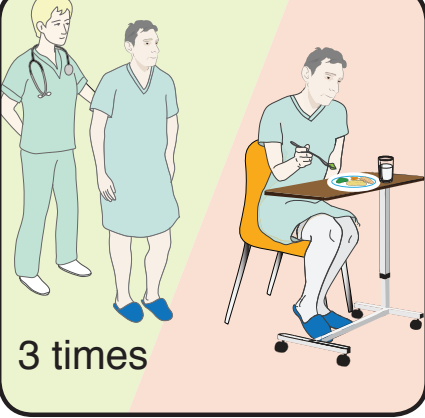


The Scarborough Hospital guide to Bowel Surgery Recovery

	DAY of SURGERY	1 DAY AFTER SURGERY	2 DAYS AFTER SURGERY	3 DAYS AFTER SURGERY
Eating and Drinking	Gum, and liquids as tolerated 	Solid food, gum and liquids 	Solid food, gum and liquids 	Solid food, gum and liquids 
Pain				
Breathing Exercises	10 times every hour 	10 times every hour 	10 times every hour 	10 times every hour 
Tubes and Drains				
Activities		3 times 	3 times 