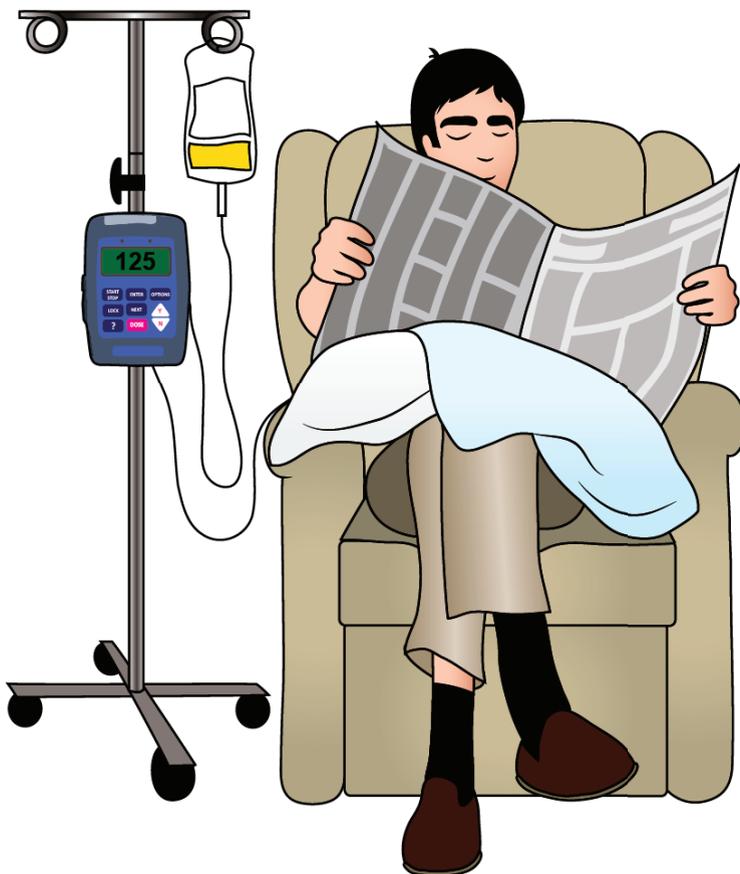


# Welcome to the Preston Robb Day Centre Montreal Neurological Hospital



**Address:** Room 285, 3801 University Street,  
Montreal, QC, H3A 2B4

**Telephone:** 514-398-1986

**Fax:** 514-398-8422

**Hours:** Monday to Friday, 8:00 a.m. to 4:00 p.m.  
Closed on all major and hospital holidays

Centre universitaire  
de santé McGill



McGill University  
Health Centre

Bureau d'éducation des patients  
Patient Education Office



Institut-Hôpital  
neurologique de Montréal  
Montreal Neurological  
Institute-Hospital



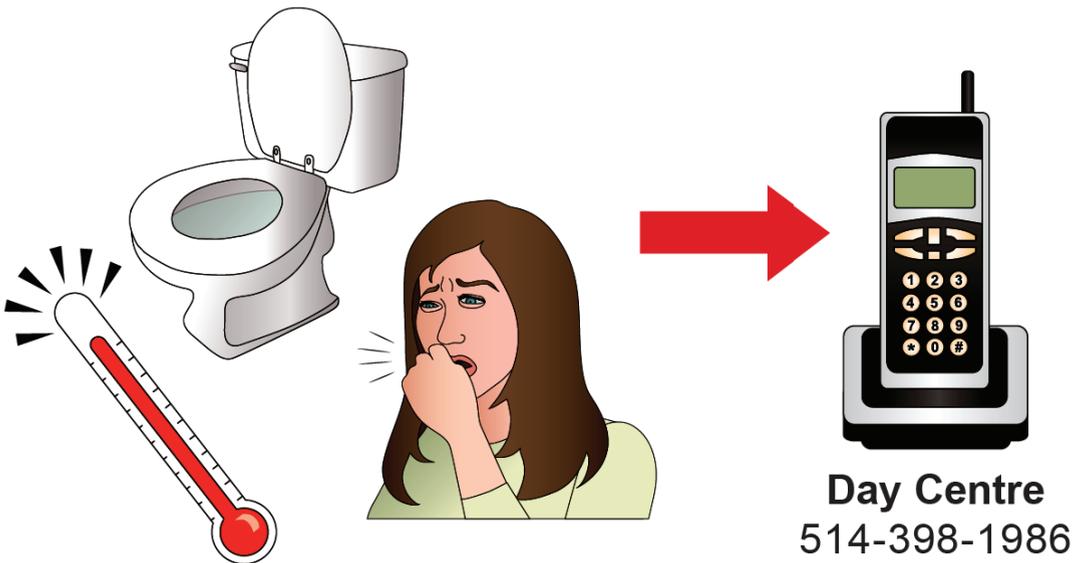
# Introduction

You will be starting regular I.V. (intravenous) treatments at the Day Centre. This booklet contains information you should know.

## Appointments

We will give you a list of your upcoming appointments. The day of the week and the time of your appointment can be different each visit. Please be sure to check your appointment list before coming to the Day Centre. If you need to change your appointment please call the Day Centre.

If you are feeling sick and have a fever with coughing or sneezing or ongoing diarrhea, please call the Day Centre as soon as possible. We will cancel your appointment and schedule a new one.



**Please note:  
The Day Centre is closed on all major and  
hospital holidays.**

# Day of Your Treatment

- Come to the Day Centre, Room 285, at the time of your appointment. You may bring a friend or family member. Please let us know you are here by coming to the reception area or the nursing station and telling us your name.
- There is no assigned seating. You may select any chair for treatment. Beds are given to patients who are having day surgery or have a medical need for a bed. If you arrive in a wheelchair it will be stored in the Day Centre.
- One of our nurses will come to measure your blood pressure and temperature before you begin your treatment. The nurse will talk with you about how you are feeling and your treatment. Next, we will place an I.V. (intravenous) line in your hand or arm and your treatment will be started.
- Treatments can last from 1 to 5 hours. Once your I.V. treatment is started, you must stay in the Day Centre so that the nurses can make sure that your treatment is going well.

If you have any questions about your illness or treatment, please speak to one of our nurses.

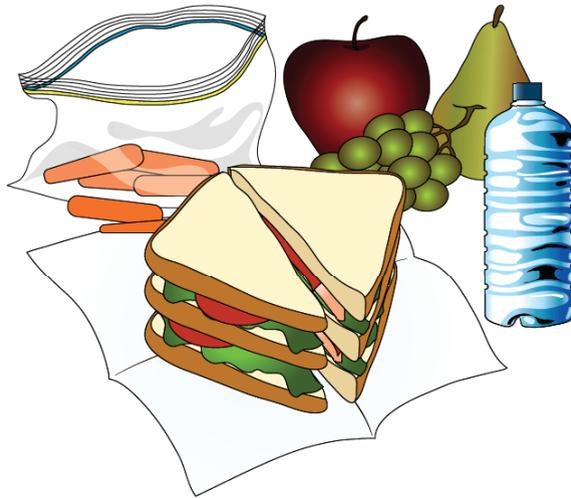


If you are not feeling well once you are home after your treatment, please call the Day Centre and speak to a nurse.

# While You Are at the Day Centre

## Food and Drink

You may bring food with you to the Day Centre to eat during your treatment. The Day Centre has a microwave oven that you may use. You may also buy food at the Neuro Cafeteria but please buy your food before you start your treatment.



## Keeping Busy

You may wish to bring along something to read, a laptop computer, tablet or music to help pass the time during your treatment. If you plan to use anything that has sound, please bring headphones with you.



## Cell Phones

You may use your cell phone in the Day Centre for short phone calls. You cannot take photographs. This rule is to respect the privacy of other patients.



## Internet

Free wireless internet is available. To access the wireless network, please call the Neuro-Patient Resource Centre (514-398-5358) or go to room 354 on the 3<sup>rd</sup> floor before your treatment. They will give you a personal password for your visit.



# Prescriptions

Please give us an up-to-date list of all your medications. We will keep this list in your chart. Let one of our nurses know whenever there is a change.

To renew pills prescribed by your neurologist, please let your neurologist know before your prescription runs out. It is best if you ask your pharmacy to fax a request for renewal directly to your neurologist's office.

**Your neurologist can only renew medications that he or she originally prescribed.**

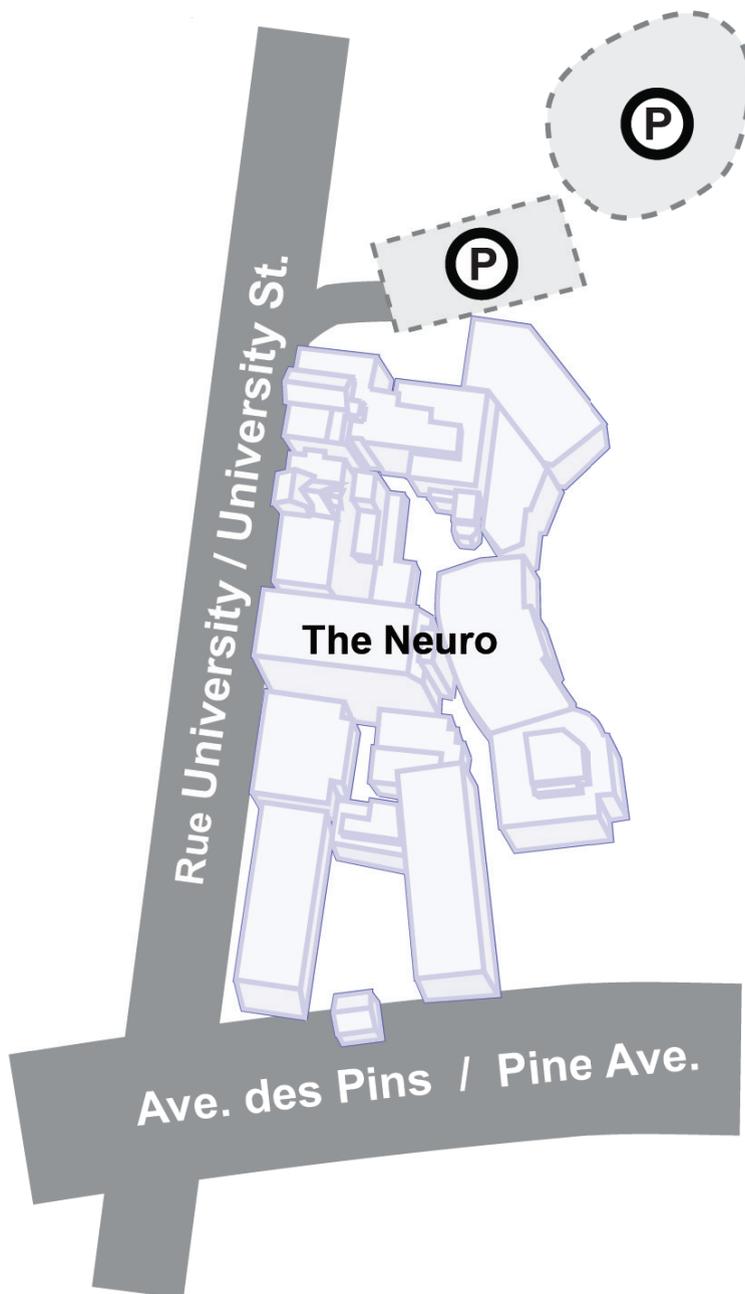


# Transportation

## Parking

McGill University Parking Services: 514-398-4559

The cost is between \$20-\$25 per day. Entrance to the Neuro parking lot is on University Street above the entrance to the hospital. There are a small number of handicapped parking spots through the Neuro's ambulance entrance on University Street. There are a small number of metered parking spots on University Street.



## Buses

The bus stops for all buses that come near the Neuro require some uphill walking.

**Bus 144** stops at the corner of University Street and Avenue des Pins. This bus comes the closest to the Neuro.

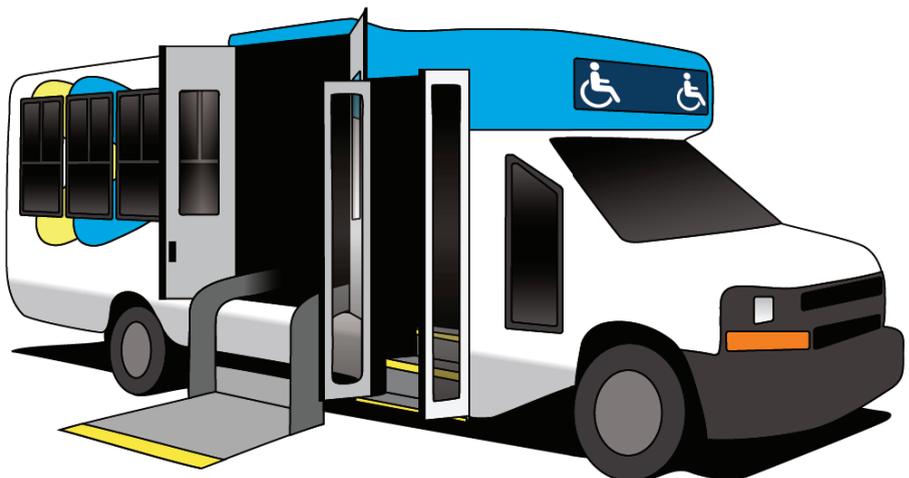
**Buses 80 and 435** These buses stop at Avenue du Parc and Avenue des Pins.

**Bus 107** stops at Dr. Penfield Avenue and Avenue des Pins.



## Transport Adapté

If you are using Transport Adapté services, please speak with one of our nurses about the time your treatment is expected to finish before booking your return transport from the Day Centre. We suggest that you add an extra 45 to 60 minutes to the usual length of your treatment to allow time for us to set up your treatment and for you to prepare to leave at the end.



# Resources

## Neuro-Patient Resource Centre

Provides clear and reliable information on neurological conditions, tests, caregiving and community resources.

**Address:** Room 354 (3<sup>rd</sup> floor), Montreal Neurological Hospital

**Telephone:** 514-398-5358

**E-mail:** [infoneuro@muhc.mcgill.ca](mailto:infoneuro@muhc.mcgill.ca)

**Online:** [www.infoneuro.mcgill.ca](http://www.infoneuro.mcgill.ca)

## My Tool Box: Living a healthy life with chronic conditions

A free 6-week workshop program for people and their loved ones living with chronic disease. Workshops are held in English and French at various times during the week and on weekends.

To register or for more information, please contact the Program Coordinator:

**Telephone:** 514-398-1934, ext. 71585

**E-mail:** [mytoolbox.mni@mcgill.ca](mailto:mytoolbox.mni@mcgill.ca)

**Online:** [www.mytoolbox.mcgill.ca](http://www.mytoolbox.mcgill.ca)

## Muscular Dystrophy Canada Support Group

A support group for people with autoimmune muscular diseases.

**Address:** 1425 René-Lévesque Blvd W., Suite 5066

**Telephone:** 514-393-3522, ext.231

**Toll-Free:** 1-800-567-2236, ext. 231

**E-mail:** [Pascale.rousseau@muscle.ca](mailto:Pascale.rousseau@muscle.ca)

**Online:** [www.muscle.ca](http://www.muscle.ca)





# Acknowledgements

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## IMPORTANT: PLEASE READ

Information provided by this document is for educational purposes. It is not intended to replace the advice or instruction of a professional healthcare practitioner, or to substitute for medical care. Contact a qualified healthcare practitioner if you have any questions concerning your care.

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