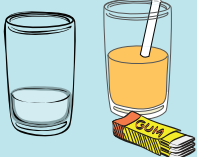




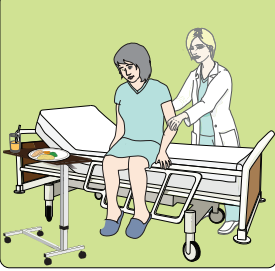

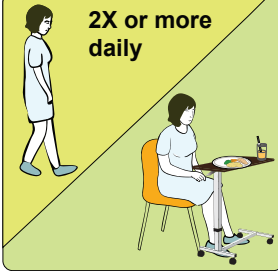
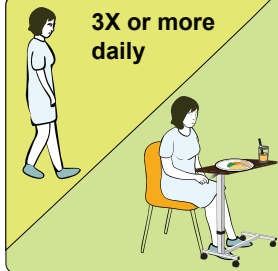
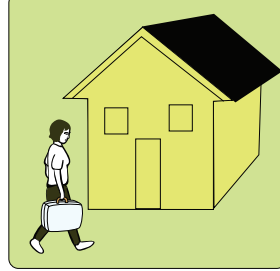





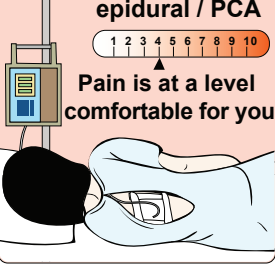
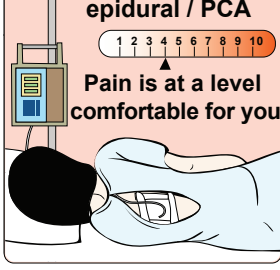

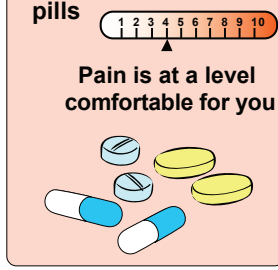

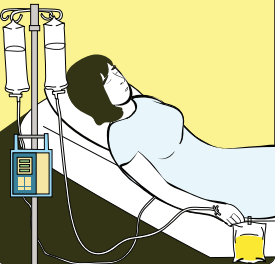

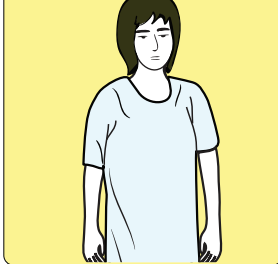
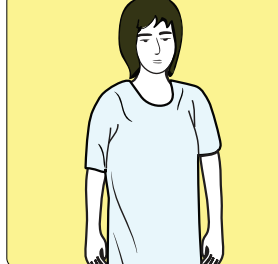
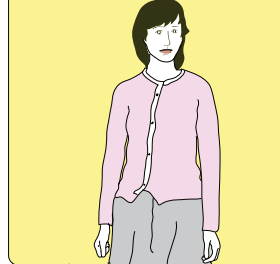


Path to Home Guide: Bowel Surgery

	Day of Surgery	1 Day After Surgery	2 Days After Surgery	3 Days After Surgery	4 Days After Surgery
Nutrition	<p>gum and liquids</p> 	<p>gum, liquids, protein drinks, solid food as tolerated</p> 	<p>continue diet</p> 	<p>continue diet</p> 	<p>continue diet</p> 
Activities		<p>1X or more daily</p> 	<p>2X or more daily</p> 	<p>3X or more daily</p> 	
Breathing exercises	<p>10 X every hour</p> 	<p>10 X every hour</p> 	<p>10 X every hour</p> 	<p>10 X every hour</p> 	<p>10 X every hour</p> 
Pain control	<p>epidural / PCA</p>  <p>Pain is at a level comfortable for you</p>	<p>epidural / PCA</p>  <p>Pain is at a level comfortable for you</p>	<p>pills</p>  <p>Pain is at a level comfortable for you</p>	<p>pills</p>  <p>Pain is at a level comfortable for you</p>	<p>pills</p>  <p>Pain is at a level comfortable for you</p>
Tubes & lines					

Centre universitaire
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McGill University
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Office d'éducation des patients
Patient Education Office



Eastern
Health



Enhanced Recovery Society of Canada
Société de réhabilitation rapide du Canada