




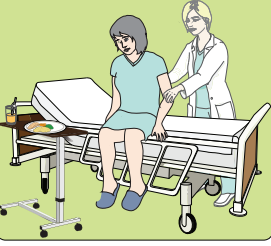
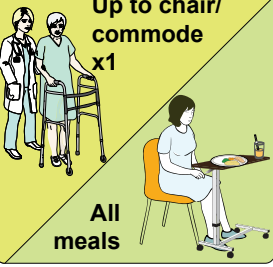
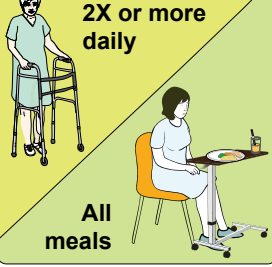
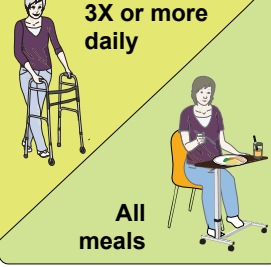











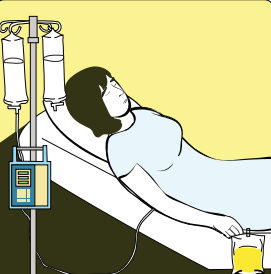






# Path to Home Guide: Hip Fracture Surgery

	Day of Surgery	1 Day After Surgery	2 Days After Surgery	3-4 Days After Surgery	5-7 Days After Surgery
Nutrition	<b>Liquids</b> 	<b>Liquids, high protein diet</b> 	<b>Continue diet</b> 	<b>Continue diet</b> 	<b>Continue diet</b> 
Activities	<b>12-24 hours</b> 	<b>Up to chair/commode x1</b> 	<b>2X or more daily</b> 	<b>3X or more daily</b> 	<b>Home/rehab</b> 
Breathing exercises	<b>10 X every hour</b> 	<b>10 X every hour</b> 	<b>10 X every hour</b> 	<b>10 X every hour</b> 	<b>10 X every hour</b> 
Pain control	<b>Pills/ injection</b> 	<b>Pills/ injection</b> 	<b>Pills</b> 	<b>Pills</b> 	<b>Pills</b> 
Tubes & lines					

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