

Birthing Centre Triage:

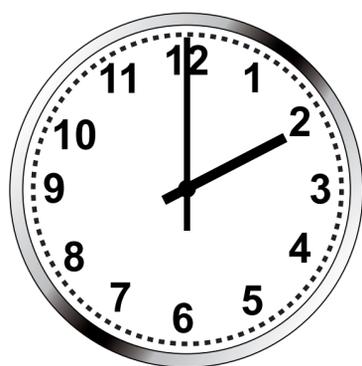
Our answers to your questions

What should I expect when I arrive?

- Our nurse will ask you questions about your health and your pregnancy. We call this first check-up: triage. This will help us understand how serious your health concern might be. She will listen to the baby's heart and check your blood pressure, heart rate, temperature, breathing and pain level.
- After this first check-up, we may ask you to sit and wait. We will call your name, when our health care team is ready to see you. If your health concern is more serious, we will bring you to a room so our health care team can care for you more quickly. If it is an emergency, we will not wait. We will provide you with care right away.
- When you are called to be seen, our team (made up of medical students, residents, staff doctors and nurses) will examine you.



How long will I need to wait?



It is very difficult to predict exactly how long you will have to wait in the Birthing Centre. Your wait time will depend on:

1. How many other patients are waiting,
2. How serious your and other patients' health concerns might be, and
3. The number of deliveries, caesarean section, and patients already in the Birthing Centre unit.

In other words, wait times are not based on a 'first-come-first-serve' basis. (For example: someone who has arrived after you may be seen before you.) For this reason, our waiting list is constantly changing as new patients arrive at the Birthing Centre.

The Birthing Centre works in the same way as the Emergency Department. For safety reasons, patients with the most serious health concerns will be seen first.

What should I keep in mind while waiting?

We understand that waiting can be difficult. Please be patient and know that we are working hard to see everyone as safely and quickly as possible. Our goal is to offer you the best care. Here are a few things to keep in mind while you are waiting:

- For safety reasons and to avoid overcrowding of the waiting room, we ask that only **1 visitor** wait with each patient in the waiting area.
- We have a limited number of chairs. For this reason, chairs are reserved for patients only.
- If you are feeling worse (that is, your condition has changed), please tell the triage nurse right away. He or she will check you and speak to the health care team as needed.



Please note: There is zero tolerance for violence or aggressive behaviour.

We understand that waiting can be difficult. For your best care and safety, please be assured that we are working to see every patient that comes to the Birthing Centre as quickly as possible.

